



Usha Ganga, MD
Adam Hughston, MD
Kelly Kensing, MD

3610 24th St.
Lubbock, TX 79410
806.793.3141

Your colonoscopy is scheduled for:

SPEC (South Plains Endoscopy Center) will call three business days before with the check in time

PROVIDER:

Usha Ganga, MD
Kelly Kensing, MD
Adam Hughston, MD

LOCATION:

3610 24th St
Lubbock, TX. 79410

Medical Instructions

If you are taking any blood thinners, it is important to let our staff know so your dosing schedule can be adjusted appropriately.

If you take blood pressure, heart or seizure medication in the morning you may take it the morning of your procedure with a small sip of water.

On the day of your procedure, DO NOT take your diabetes medications until AFTER your procedure.

No tobacco products, gum, mints or candy the morning of your procedure.

Helpful Reminders

Please fill out enclosed forms and bring them with your ID, insurance card and current list of medications when you check-in for your colonoscopy.

You will be sedated for your procedure and will need a driver to take you home.

You will not be able to drive or work for the rest of the day.

If you have any questions or concerns, please call the office at 806.793.3141

Cancellation Policy: Effective 01-01-2014 a \$100.00 fee will be charged to those who do not keep their appointment, cancel their appointment with less than 48 hours notice or if the patient fails to follow all instructions as outlined above that results in cancellation of the procedure. Procedure appointment slots are very limited and you will be helping other patients receive the care they need and deserve. To cancel or reschedule, please call (806) 793-3141 ext 211.

**Happy
colon**
foods

Ordering Instructions for Colonoscopy Prep

Order your Happy Colon Foods kit at least SEVEN DAYS prior to your procedure.

PROVIDER CODE:	KIT TYPE:
TXBF22 TXUG22 TXAH22 TXKK22	Kit with Laxatives

ONLINE: Visit HappyColonFoods.com; click "Order Now" at top of page and follow the steps to order your kit.

PHONE: Prefer to place your order by phone? Give them a call at 855.423.6637.

Please Note

- The day before you prep, follow the "Foods to avoid" guidelines in the kit's instruction booklet. Begin your prep in the morning the day before your colonoscopy.
- While prepping, eat only the foods in the kit. Do not substitute, change the order of, or add foods.