



3610 24th Street Lubbock, TX 79410
(806) 793-3141 Fax: (806) 795-9179

EGD/EUS Instructions for: _____.

Report to Covenant Medical Center 3615 19th Street Lubbock, TX 79410

at _____ AM / PM, on _____ the _____ of _____.

Important information regarding your medications. Read carefully:

--If you take the following blood thinners please stop them **5 (five) days BEFORE** the procedure. These medications will increase your risk of bleeding if a polyp is removed during your procedure:

- Plavix (clopidogrel) Effient (prasugrel)
- Brilinta (ticagrelor) Coumadin (warfarin)

--If you take the following blood thinners please stop them **2 (two) days BEFORE** the procedure. These medications will increase your risk of bleeding if a polyp is removed during your procedure:

- Pradaxa (dabigatran) Eliquis (apixaban)
- Xarelto (rivaroxaban) Savaysa (edoxaban)

--It is ok for you to continue taking your Aspirin (all doses) and anti-inflammatory medications up until the day of the procedure.

--Take your blood pressure or seizure medicine with a sip of water at your normal scheduled time or a minimum of one hour before arriving at the Endoscopy Center.

--If you use an inhaler, please bring it with you to your procedure.

--If you are a diabetic, please check with your diabetic specialist regarding whether to take your insulin or oral hypoglycemic medications. Please bring your insulin to your procedure.

--If you have sleep apnea and use a CPAP machine, you are welcome to bring the machine with you the day of the procedure.

--If you are a smoker, please abstain from smoking the day of your procedure.

General important information:

PLEASE NOTE: IF YOU DO NOT HAVE SOMEONE WITH YOU TO DRIVE YOU HOME YOUR PROCEDURE WILL BE CANCELLED AND RESCHEDULED AT ANOTHER TIME. It is important for someone to be with you to talk with the doctor and to be with you at home after the procedure.

--Bring your glasses to sign papers (do not wear contact lenses). Leave all jewelry/valuables/money at home unless a deposit is required. Be prepared to wait, as some procedures take longer. Wear warm socks and comfortable clothing on the day of the procedure.

--In accordance with the ASGE and AGA guidelines antibiotic prophylaxis are not recommended for the endoscopies performed at South Plains Endoscopy Center, therefore it is not necessary for you to take any prior to your procedure.

DAY OF PROCEDURE:

1. **Nothing by mouth after midnight the night before.** No mints, hard candy or gum after midnight.
2. Take your heart, blood pressure, or seizure medicine with a small sip of water at your normal scheduled time or a minimum of one hour before arrival.
3. Wear warm socks and comfortable clothing on the day of the procedure.

For your information, please note: This procedure can take up to two hours.

Cancellation Policy: Effective 01-01-2014 a \$100.00 fee will be charged to those who do not keep their appointment, cancel their appointment with less than 48 hours notice or if the patient fails to follow all instructions as outlined above that results in cancellation of the procedure. Procedure appointment slots are very limited and you will be helping other patients receive the care they need and deserve. To cancel or reschedule, please call (806) 793-3141 ext 211.

***Please note: If you report for your procedure and you **DID NOT** follow all of the above instructions, resulting in the cancellation of your procedure, you may be charged \$100.00 and your procedure will be rescheduled.